

PEVITR S. BANSAL, Ph.D.
Curriculum Vitae

Department of Psychology
Montclair State University
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Montclair, NJ 07043

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ACADEMIC APPOINTMENTS

Montclair State University, Montclair, NJ 2024 – Present
Assistant Professor of Psychology

University of California, San Francisco, San Francisco, CA 2023 – 2024
Postdoctoral Clinical Psychology Fellow
Advisor: Linda J. Pfiffner, Ph.D.

EDUCATION

Ph.D. **University of Kentucky**, Lexington, KY 2019 – 2023
Clinical Psychology
Advisor: Michelle M. Martel, Ph.D.
Dissertation: *The role of affective heterogeneity on treatment effects for youth with conduct problems*

University of California, San Francisco, San Francisco, CA 2022 – 2023
Predocloral Clinical Psychology Fellow
Advisor: Linda J. Pfiffner, Ph.D.

M.S. **University of Kentucky**, Lexington, KY 2017 – 2019
Clinical Psychology
Advisor: Michelle M. Martel, Ph.D.
Thesis: *Empirical assessment of callous-unemotional traits in preschool: A comparison of confirmatory factor and network analysis*

M.S. **Philadelphia College of Osteopathic Medicine**, Philadelphia, PA 2013 – 2015
Counseling and Clinical Health Psychology
Advisor: Elizabeth A. Gosch, Ph.D., A.B.P.P.

B.A. **Pennsylvania State University**, Abington, PA 2010 – 2014
Psychology

AWARDS AND HONORS

- Robert E. Harris Memorial Award for Outstanding Fellow in Clinical Psychology, Department of Psychiatry and Behavioral Sciences, University of California, San Francisco. 2024
- International Society for Research in Child and Adolescent Psychopathology (ISRCAP), Travel Scholarship Award. 2023
- Michael T. Nietzel Award for Outstanding Graduate Student, Department of Psychology, University of Kentucky. 2022

- Pennsylvania State University Dean's List.

2010 – 2013

PEER REVIEWED PUBLICATIONS

(N = 24)

2024

1. Goh, P. K., Eng, A. G., **Bansal, P. S.**, Kim, Y. T., Miller, S. A., Martel, M. M., & Barkley, R. A. (2024). Application and expansion of an algorithm predicting attention-deficit/hyperactivity disorder and impairment in a predominately White sample. *Journal of Psychopathology and Clinical Science*. Advanced online publication. <https://doi.org/10.1037/abn0000909>.
2. Waschbusch, D. A., **Bansal, P. S.**, & Willoughby, M. T. (2024). A review of the summer treatment program (STP) for youth with callous-unemotional (CU) traits: Moving past the “untreatable” hypothesis. *Evidence-Based Practice in Child and Adolescent Mental Health*, 1–16. <https://doi.org/10.1080/23794925.2024.2378425>
3. Waschbusch, D. A., Cao, V. T., Shroff, D. M., **Bansal, P. S.**, & Willoughby, M. T. (2024). Measuring children's reward and punishment sensitivity: An initial psychometric evaluation of the Contingency Response Rating Scale. *Assessment*, 10731911241256536.
4. **Bansal, P. S.**, Goh, P. K., Southward, M. W., Sizemore, Y., & Martel, M. M. (2024). Impulsivity as key bridge symptoms in cross-sectional and longitudinal networks of ADHD and ODD. *Journal of Child Psychology and Psychiatry*. <https://doi.org/10.1111/jcpp.13863>

2023

5. Southward, M. W., Goh, P. K., & **Bansal, P. S.** (2023). How to align DBT and DBT skills with adolescent externalizing problems. *Clinical Psychology: Science and Practice*, 30(3), 264-267. <https://doi.org/10.1037/cps0000162>. [Invited Commentary]
6. Goh, P. K., Elkins, A. R., **Bansal, P. S.**, Eng, A. G., & Martel, M. M. (2023). Data driven methods for predicting ADHD diagnoses and related impairment: The potential of a machine learning approach. *Research of Child and Adolescent Psychopathology*, 1-13. <https://doi.org/10.1007/s10802-023-01022-7>
7. Eng, A. G., **Bansal, P. S.**, Goh, P. K., Nirjar, U., Petersen, M. K., & Martel, M. M. (2023). Evidence-based assessment for attention-deficit/hyperactivity disorder. *Assessment*, 10731911221149957. <https://doi.org/10.1177/107319112211499>

2022

8. Brennan, G., **Bansal, P. S.**, Waxmonsky, J. W., Waschbusch, D. A., & Babinski, D. E. (2022). Associations among ADHD symptoms, ODD symptoms, and borderline personality features: A network analysis. *Research on Child and Adolescent Psychopathology*, 50(11), 1399-1414. <https://doi.org/10.1007/s10802-022-00943-z>
9. Martel, M. M., Elkins, A. R., Eng, A. G., Goh, P. K., **Bansal, P. S.**, Smith, T. E., Thaxton, M. H., Ryabinin, P., Mooney, M. A. Gustafsson, H. C., Karalunas, S. L., & Nigg, J. T. (2022). Longitudinal temperament pathways to ADHD between childhood and adolescence. *Research on Child and Adolescent Psychopathology*, 50(8), 1055-1066. <https://doi.org/10.1007/s10802-022-00902-8>

2021

10. Goh, P. K., Smith, T. E., Lee, C. A., **Bansal, P. S.**, Eng, A. G., & Martel, M. M. (2021). Etiological networks of attention-deficit/hyperactivity disorder during childhood and adolescence. *Journal of Clinical Child and Adolescent Psychology*, 52(2), 230-243. <https://doi.org/10.1080/15374416.2021.1946820>
11. Goh, P. K., Martel, M. M., Jones, P., **Bansal, P. S.**, Eng, A. G., Elkins, A. R., Thaxton, M., & Barkley, R. A. (2021). Clarifying relations between ADHD and functional impairment in Adulthood: Utilization of network and machine learning approaches. *Assessment*, 30(2), 316-331. <https://doi.org/10.1177/10731911211050921>
12. **Bansal, P. S.**, Goh, P. K., Eng, A. G., Elkins, A. R., Thaxton, M. H., & Martel, M. M. (2021). Utility of the limited prosocial emotions specifier in preschoolers with conduct problems. *Assessment*, 30(2), 274-286. <https://doi.org/10.1177/10731911211051070>
13. **Bansal, P. S.**, Goh, P. K., Eng, A. G., Elkins, A. R., Thaxton, M., Smith, T. E., & Martel, M. M. (2021). Identifying the inter-domain relations among ODD, CD, and CU traits in preschool children using network analysis. *Research on Child and Adolescent Psychopathology*, 49(10), 1289-1301. <https://doi.org/10.1007/s10802-021-00836-7>
14. Martel, M. M., Eng, A. G., **Bansal, P. S.**, Smith, T. E., Elkins, A. R., & Goh, P. K. (2021). Multiple informant average integration of ADHD symptom ratings predictive of concurrent and longitudinal impairment. *Psychological Assessment*, 33(5), 443-451. <https://doi.org/10.1037/pas0000994>

2020

15. **Bansal, P. S.**, Babinski, D. E., Waxmonsky, J. G., & Waschbusch, D. A. (2020). Psychometric properties of parent ratings on the Inventory of Callous-Unemotional Traits in a nationally representative sample of 5 to 12-year-olds. *Assessment*, 29(2), 1-15. <https://doi.org/10.1177/1073191120964562>
16. Babinski, D. E., Mills, S. L., **Bansal, P. S.**, Breaux, R. P., & Waschbusch, D. A. (2020). Behavioral treatment for social-emotional difficulties of preadolescent and adolescent girls with ADHD. *Evidence-Based Practice in Child and Adolescent Mental Health*, 5(2), 173-188. <https://doi.org/10.1080/23794925.2020.1759470>
17. **Bansal, P. S.**, Goh, P. K., Lee, C. A., & Martel, M. M. (2020). Conceptualizations of callous-unemotional traits in preschool through confirmatory factor and network analysis. *Journal of Abnormal Child Psychology*, 48(4), 539-550. <https://doi.org/10.1007/s10802-019-00611-9>
18. Goh, P. K., Lee, C. A., **Bansal, P. S.**, Aguerrevere, L. E, Rucker, A. T., & Martel, M. M. (2020). Interpretability and external validity of a bifactor model of ADHD in young adults: An assessment of general “g” and specific IA and HI factors. *Journal of Psychopathology and Behavioral Assessment*, 42, 222-236. <https://doi.org/10.1007/s10862-019-09774-7>
19. **Bansal, P. S.**, Haas, S. M., Willoughby, M. T., Coles, E. K., Pelham Jr., W. E., & Waschbusch, D. A. (2020). A pilot study of emotional response to time-out in children with conduct problems and callous-unemotional traits. *Psychological Reports*. 123(5), 2017-2037. <https://doi.org/10.1177/003329411988401>

2019

20. **Bansal, P. S.**, Waschbusch, D. A., Haas, S. M., Babinski, D. E., King, S., Andrade, B. F., & Willoughby, M. T. (2019). Effects of intensive behavioral treatment on children with varying levels of conduct problems and callous-unemotional traits. *Behavior Therapy*, 50(1), 1-14. <https://doi.org/10.1016/j.beth.2018.03.003>

2018

21. Petrovic-Dovat, L. Kumar, M. G., & **Bansal, P. S.** (2018). Refining training opportunities for pediatric and psychiatric residents and fellows within an integrated healthcare model. *Journal of Psychiatry and Behavioral Sciences*, 1006(2), 1-3.
22. Petrovic-Dovat, L., Berlin Jr., C. M., **Bansal, P. S.**, & Fogel, B. N. (2018). Designing programs and educational opportunities to aid pediatricians in treating children with mental illness in an outpatient academic pediatric setting. *Journal of Psychology and Psychiatry*, 2(1), 1-3.
23. Babinski, D. E., Mills, S. L., & **Bansal, P. S.** (2018). The effects of behavioral parent training with adjunctive social skills training for a preadolescent girl with ADHD and borderline personality features. *Clinical Case Studies*, 17(1), 21-37. <https://doi.org/10.1177/1534650117741707>

2016

24. Petrovic-Dovat, L., Fausnight, T., White, A. M., Zeiger, T. S., **Bansal, P. S.**, Garg, N.,... & Bixler, E. O. (2016). Degree of anxiety in food allergic children in a tertiary care center. *Annals of Allergy, Asthma & Immunology*, 116(6), 528-532. <https://doi.org/10.1016/j.anai.2016.03.024>

In-Press

1. **Bansal, P. S.**, Meza, J. I., Chung, S., Henry, L. N., Dvorsky, M. R., Haack, L. M., Owens, E. B., & Piffner, L. J. The role of externalizing problems and empathy on the efficacy of the daily report card. *School Mental Health*.

In-Preparation

1. **Bansal, P. S.**, Bond, M. Willoughby, M. T., & Waschbusch, D. A. The behavioral and emotional responses to time-out in youth with conduct problems: The role of callous-unemotional traits.

INVITED CHAPTERS

1. Waxmonsky, J. G., Baweja, R., **Bansal, P. S.**, & Waschbusch, D. A. (2021). A review of the evidence-base for the psychosocial treatment of emotion dysregulation in children and adolescents. In M. P. Singh & G. A. Carlson (Eds.), *Child and Adolescent Clinics in North America* (pp. 573-594). Elsevier. <https://doi.org/10.1016/j.chc.2021.04.008>

CONFERENCE PRESENTATIONS

Invited Oral Presentations (N = 9)

1. Piffner, L. J., Chung, S., Hawkey, E., Lai, J., Dvorsky, M. R., **Bansal, P. S.**, Henry, L., Haack, L. M., & Owens, E. B. (2023, November). *Can a digital health tool improve parent adherence to behavioral parent training for ADHD?* In J. Mautone & T. J. Power (Chairs), *Getting and benefitting from treatment: Promoting family engagement in evidence-based treatments for ADHD* [Symposium]. Presented at the Association for Behavioral and

Cognitive Therapies 2023 Convention, Seattle, WA.

2. **Bansal, P. S.** & Waschbusch, D. A. (2023, November). *Behavioral and emotional responses to time-out in elementary school age children with conduct problems: The role of callous-unemotional traits*. In D. A. Waschbusch (Chair), *Social-emotional functioning of youth with ADHD and related disorders in different developmental stages* [Symposium]. Presented at the Association for Behavioral and Cognitive Therapies 2023 Convention, Seattle, WA.
3. **Bansal, P. S.**, Meza, J., Chung, S., Henry, L., Owens, E. B., & Pfiffner, L. J. (2023, June). *Hyperactivity/impulsivity, inattention, and conduct problems as predictors of teacher adherence to a school-based intervention*. Presented at the International Society for Research in Child and Adolescent Psychopathology, 2023, London, England.
4. Goh, P. K., **Bansal, P. S.**, Eng, A. G., Peterson, M., Nirjar, U., & Martel, M. M. (2023, June). *The incremental validity of temperament in ADHD phenotypes: A machine learning approach to predicting impairment outcomes*. In E. D. Musser (Chair), *Data-driven, temperament-linked profiles improve understanding of heterogeneity in ADHD*. [Symposium]. Presented at the International Society for Research in Child and Adolescent Psychopathology, 2023, London, England.
5. Pfiffner, L. J., Dvorsky, M., Hawkey, E., Chung, S., Haack, L., Lai, J., Morocco, M., **Bansal, P. S.**, Henry, L., Owens, E. (2023, January). *Development of a digital health tool for improving parent adherence to behavioral parent training*. Presented at the American Professional Society of ADHD and Related Disorders, 2023, Orlando, FL.
6. Martel, M. M., Elkins, A. R., Eng, A. G., Goh, P. K., **Bansal, P. S.**, Karalunas, S. L., & Nigg, J. T. (2022, July). *Longitudinal temperament pathways to ADHD between childhood and adolescence*. Presented at the European Conference on Personality, 2022, Madrid, Spain.
7. Zeiger, T. S., **Bansal, P. S.**, Petersen, C. A., Fogel, B. N., Iriana, S. M.,...& Petrovic-Dovat, L. (2018, May). *Integration and incorporation of pediatric behavioral health services within a tertiary care center*. Presented at the 12th Annual International Conference on Psychology, 2018, Athens, Greece.
8. Nissley-Tsiopinis, J., Lawson, G., Mautone, J. A., **Bansal, P. S.**, Sheehan, A., & Power, T. J. (2017, November). *Using goal attainment to measure patient-centered response to evidenced-base intervention administered in urban primary care*. Presented at the Association for Behavioral and Cognitive Therapies 2017 Convention, San Diego, CA.
9. Haas, S. M., Waschbusch, D. A., Willoughby, M. T., **Bansal, P. S.**, Helseth, S., Crum, K. I.,...& Pelham Jr., W. E. (2017, August). *The impact of standard and modified behavioral treatment on the behaviors of children with conduct problems and callous-unemotional traits*. Presented at the 2017 Annual American Psychological Association Convention, Washington D.C.

Poster Abstracts (N = 21)

1. Henry, L. N., Chung, S., **Bansal, P. S.**, Owens, E. B., Hinshaw, S. P., & Pfiffner, L. J. (2023, November). Does an integrated home-school psychosocial treatment for ADHD reduce parenting stress for highly stressed parents? Poster presented at the Association for Behavioral and Cognitive Therapies Conference, 2023, Seattle, WA.
2. **Bansal, P. S.**, Goh, P. K., Eng, A. G., Elkins, A. R., Thaxton, M. H., & Martel, M. M. (2021, November). *"Limited prosocial emotions" specifier in a high-risk preschool sample*. Poster presented at the Association for Behavioral and Cognitive Therapies Conference [Online].

3. Martel, M. M., Eng, A. G., **Bansal, P. S.**, Smith, T. E., & Goh, P. K. (2020, November). *Multiple informant average integration of ADHD symptom ratings predictive of concurrent and longitudinal impairment*. Poster presented at the Association for Behavioral and Cognitive Therapies Conference [Online].
4. **Bansal, P. S.**, Goh, P. K., Smith, T. E., Eng, A. G., Rucker, A. T., & Martel, M. M. (2020, May). *Vindictiveness, aggression, and callousness: Bridging conduct problems and callous-unemotional traits through network analysis in preschool children*. Poster presented at the Association for Psychological Sciences Conference, Chicago, IL [Conference Cancelled].
5. **Bansal, P. S.**, Martel, M. M., & Nigg, J. T. (2020, March). *Callous-unemotional traits and IQ during childhood interact to predict impairment in adolescence*. Poster presented at the Society for Research on Adolescence Conference, San Diego, CA [Conference Cancelled].
6. Waschbusch, D. A., **Bansal, P. S.**, & Babinski, D. E. (2019, November). *Psychometric properties of parent ratings on the Inventory of Callous Unemotional Traits in a nationally representative sample of 5 to 12-year-olds*. Poster presented at the Association for Behavioral and Cognitive Therapies Conference, Atlanta, GA.
7. **Bansal, P. S.**, Martel, M. M., & Nigg, J. T. (2019, October). *Examining the impact of physical activity and sleep on children with callous-unemotional traits*. Poster presented at the American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL.
8. **Bansal, P. S.**, Haas, S. M., Willoughby, M. T., Coles, E. K., Pelham Jr., W. E., & Waschbusch, D. A. (2019, October). *A pilot study of emotional response to time-out in children with conduct problems and callous-unemotional traits*. Poster presented at the American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL.
9. Goh, P. K., Lee, C. A., **Bansal, P. S.**, & Martel, M. M. (2019, June). *Clarifying relations among symptoms of ADHD and depression: A network analysis*. Poster presented at the 2019 International Society for Research in Child and Adolescent Psychopathology, Los Angeles, CA.
10. **Bansal, P. S.**, Goh, P. K., & Martel, M. M. (2019, May). *More screen time? Increased use of electronic media attenuates the relationship between callous-unemotional traits and externalizing behaviors*. Poster presented at the 2019 Association for Psychological Sciences Conference, Washington, D.C.
11. **Bansal, P. S.** & Martel, M. M. (2019, March). *Driving behaviors in young adults with varying levels of callous – unemotional traits*. Poster presented at the 2019 Kentucky Psychological Foundation Academic Conference, Wilmore, KY.
12. **Bansal, P. S.** & Martel, M. M. (2018, October). *Empirical assessment of callous – unemotional traits in preschool: A comparison of confirmatory factor analysis and network analysis*. Poster presented at the 2018 National Conference in Clinical Child and Adolescent Psychology, Kansas City, MO.
13. Petrovic-Dovat, L., Kumar, M., **Bansal, P. S.**, & Mahr, F. S. (2018, October). *Expanding outpatient experience for psychiatry and pediatric residents during child and adolescent psychiatry rotation to meet challenges of the changing healthcare*. Poster presented at the American Academy of Child and Adolescent Psychiatry Annual Meeting, Seattle, WA.

- Trained school mental health professionals in parent management training as part of larger research studies.

University of Kentucky

Department of Psychology

Research Advisor: Michelle M. Martel, Ph.D.

RISK Laboratory

- Expanded upon statistical fluency across various programs (e.g., SPSS, SAS, Mplus, R).
- Conducted diagnostic intakes for research studies using in-depth clinical interviews (e.g., SCID, DIAMOND).

Lexington, KY

August 2017 – June 2022

Penn State Hershey Medical Center, College of Medicine

Department of Psychiatry

Research Advisor: Daniel A. Waschbusch, Ph.D., A.B.P.P.

Several Department Labs

- Served as research technician for multiple labs across the department.
- Gained further experience analyzing complex data using various programs (e.g., SPSS, i2b2, REDCap).
- Received specialized training in processing biological samples (e.g., blood).

Hershey, PA

August 2015 – June 2024

Children's Hospital of Philadelphia

Child and Adolescent Psychiatry and Behavioral Sciences

Research Advisors: Jenelle Nissley-Tsiopinis, Ph.D. & Thomas J. Power, Ph.D.

Center for Management of ADHD

- Gained exposure into various aspects of research (e.g., literature review, data analysis, abstract and manuscript preparation).
- Assisted in conducting clinical activities, including parenting groups and diagnostic intakes.

Philadelphia, PA

January 2014 – August 2015

Pennsylvania State University – Abington College

Department of Psychology

Research Advisors: Jacob A. Benfield, Ph.D., & Michael J. Bernstein, Ph.D.

Psychological and Social Sciences Laboratory

- Assisted in the set-up, execution, and debriefing of social experiments designed to understand human behavior, particularly interpersonal relationships.
- Worked with SONA system to ensure study details were posted for participant recruitment.

Abington, PA

January 2013 – May 2013

CLINICAL EXPERIENCE

University of California, San Francisco

Department of Psychiatry and Behavioral Health

Clinical Psychology Fellow

San Francisco, CA

Rotation: Hyperactivity, Attention, and Learning Problems Clinic

July 2022 – June 2024

Clinical Supervisors: Jennifer Ly, Ph.D.; Anna J. Swan, Ph.D.; Christine Zalecki, Ph.D.

- Provided behavioral therapy to families in various formats (e.g., individual, group settings) to target difficulties associated with ADHD.
- Received specialized training in parent-child interaction therapy (e.g., use of one-way mirrors, bite-in-the-ear technology).
- Conducted assessments of youth who struggle with ADHD and related forms of psychopathology, including depression, anxiety, and learning problems; provided assessment feedback to families, including diagnoses and treatment recommendations.

Rotation: Wavefront Clinic

November 2022 – September 2023

Clinical Supervisors: Samantha Fordwood, Ph.D.; Esme Shaller, Ph.D.; Natalie Todd, PsyD

- Co-led multi-family Dialectical Behavior Therapy groups to families and their children who struggle with severe forms of mental health including borderline personality disorder, depression, anxiety, ADHD, and eating disorders.

Rotation: Consult/Liaison Services July 2022 – November 2022

Clinical Supervisor: Lauri Pasch, Ph.D.

- Conducted risk assessments, capacity evaluations, and mental status exams to determine patient's ability to consent to or deny various treatment regimens.
- Received specialized training in assessing and differentiating between conditions such as delirium, dementia, catatonia, and psychosis.

University of Kentucky, Good Samaritan Hospital

Lexington, KY

Behavioral Health Inpatient Unit, *Practicum Student*

August 2021 – June 2022

Clinical Supervisor: Michelle M. Martel, Ph.D.

- Conducted distress tolerance and emotion regulation groups for adolescents with severe forms of mental health issues (e.g., severe depression borderline personality disorder).
- Operated as part of a unique team of psychiatrists, social workers, and nurses to provide care to adolescents with complex trauma histories on an inpatient unit.

University of Kentucky, Psychological Services Center

Lexington, KY

Department of Psychology, *Senior Assessment Consultant*

August 2021 – June 2022

Clinical Supervisor: Michelle M. Martel, Ph.D.

- Served as the primary consultant for junior graduate students conducting assessments.
- Assisted graduate students in selecting the most appropriate follow-up measures in between assessment appointments based upon broadband screener results.
- Provided graduate students initial feedback on assessment report drafts and video recordings prior to the primary clinical supervisor.

The Lexington School

Lexington, KY

Graduate Assessment Examiner

April 2021 – May 2021

Clinical Supervisor: Mary Beth McGavran, Ph.D.

- Assessed the academic skills of elementary-aged children using the Woodcock-Johnson, Fourth Edition.
- Wrote standardized assessment reports in a timely manner which detailed each child's academic functioning, strengths, and areas of improvement.

University of Kentucky, Psychological Services Center

Lexington, KY

Department of Psychology, *Assistant Director*

July 2020 – July 2021

Clinical Supervisor: David T. Susman, Ph.D.

- Assisted clinic director in several administrative tasks including finances and client scheduling.
- Conducted various clinical duties, including phone screens and clinical intakes to determine each prospective client's appropriateness for services at the center.
- Aided in transitioning in-person psychological services to a technological format during the COVID-19 pandemic.

Mind Psi: Psychological Services for Children and Adolescents

Lexington, KY

Practicum Student

August 2019 – April 2020

Clinical Supervisor: Michelle M. Martel, Ph.D.

- Implemented cognitive and behavioral treatments for children and adolescents.

- Conducted clinical intakes and administered a wide arrange of psychological instruments for assessment and diagnostic purposes as part of a private practice.

Katherine Stone, Ph.D. Private Practice

Lexington, KY

Graduate Assistant

August 2019 – December 2019

- Assisted in scoring, interpretation, and report writing of assessment protocols (e.g., WAIS-IV, WJ-IV)

Penn State Hershey, Summer Treatment Program

Harrisburg, PA

Department of Psychiatry, *Assistant Director*

June 2019 – August 2019

Program Director & Clinical Supervisor: Daniel A. Waschbusch, Ph.D., A.B.P.P.

- Assisted clinical supervisor in daily tasks, including program set-up, counselor training, daily supervision, and overall behavior management for treatment program designed for youth with disruptive behavior disorders.
- Ensured that treatment was being effectively implemented by providing daily clinical supervision and feedback to counselors.

University of Kentucky, Psychological Services Center

Lexington, KY

Department of Psychology, *Graduate Therapist*

September 2018 – Present

Clinical Supervisors: Mary Beth McGavran, Ph.D.; Heather Risk, PsyD.; Lindsey Jansinski, Ph.D.

- Provided individual and group therapy to a wide range of clientele from the greater Lexington area.
- Utilized a cognitive-behavioral framework (e.g., CBT, Dialectical Behavior Therapy, Cognitive Processing Therapy) to work with clients with severe forms of psychopathology.

University of Kentucky, Counseling Center

Lexington, KY

Graduate Therapist

August 2018 – May 2019

Clinical Supervisor: Alyssa Frye, Psy.D., & Walter Malone, M.A.

- Functioned as a clinical therapist providing individual therapy to the University of Kentucky student body using a cognitive-behavioral approach.
- Assisted in the co-facilitation of group therapy utilizing interpersonal process.

Penn State Hershey, Summer Treatment Program

Harrisburg, PA

Department of Psychiatry, *Graduate Counselor*

June 2018 – August 2018

Program Director & Clinical Supervisor: Daniel A. Waschbusch, Ph.D., A.B.P.P.

- Assisted clinical supervisor in daily tasks, including program set-up, counselor training, daily supervision, and overall behavior management.
- Implemented behavioral modification techniques (e.g., token economy systems, daily report cards, time-out from positive reinforcement).
- Reviewed daily report cards and modified target behavior goals when necessary.

Penn State Hershey, Psychiatry Outpatient Services

Hershey, PA

Department of Psychiatry, *Human Research Technologist*

August 2015 – July 2017

Clinical Supervisor: Erika F. H. Saunders, M.D.

Project: Penn State Hershey Clinical Assessment and Rating Evaluation System (PCARES)

- Administered and scored the structured Mini International Neuropsychiatric Interview (MINI), along with other behavioral rating scales, to gain client diagnostic information.
- Received specialized training in using clinical (e.g., the MINI) and research survey tools (e.g., REDCap).

Clinical Supervisor: Dara E. Babinski, Ph.D.

Project: Social Skills Group Training for Girls with ADHD

- Co-facilitated groups of approximately 7 – 14 youth females for 8-week group sessions.
- Implemented various behavioral management techniques such as positive reinforcement and a token-economy system.

Empowerment Resources Associates
Graduate Therapist

Philadelphia, PA
September 2014 – June 2015

Supervisor: Christopher Brown, M.S., L.P.C. & Alan Schwartz, Psy.D.

- Provided one-on-one therapy to inner-city individuals suffering with substance, developmental, behavioral, and mood disorders in an outpatient setting.
- Reduced maladaptive behaviors through empirically based, cognitive-behavioral management techniques.

Florida International University, Summer Treatment Program
Center for Children & Families, *Paraprofessional Counselor*

Miami, FL
June 2012 – August 2012

Program Director: William E. Pelham, Jr., Ph.D.

Supervisor: Daniel A. Waschbusch, Ph.D., A.B.P.P.

- Worked with children diagnosed with disruptive behavior disorders (ADHD, Conduct Disorder) and callous-unemotional traits.
- Implemented behavioral management methods such as token economy systems, daily report cards, and time-out from positive reinforcement.
- Taught emotional regulation skills to aid in conflict resolution and relationship building.

TEACHING EXPERIENCE

University of Kentucky, Graduate Teaching Assistant

Lexington, KY

PSY 631: Clinical Methodology and Practicum

August 2019 – December 2019

Professor: Michelle M. Martel, Ph.D.

- Instructed first-year clinical graduate students on conducting intelligence tests including the WAIS-IV, WISC-V, and WJ-IV
- Reviewed and graded assessment reports completed by graduate students.

PSY 216: Application of Statistics in Psychology

August 2018 – December 2019

Professors: Steven Arthur, Ph.D.; Peggy Keller, Ph.D.; Robert Lorch, Ph.D. (3 Semesters)

- Led laboratory sessions, designed problem sets, graded assignments, taught use of statistical packages (e.g., SPSS) to scholar and non-scholar undergraduate students.

CITATIONS IN MEDIA

“Effects of intensive behavioral treatment on children with varying levels of conduct problems and callous-unemotional traits” cited as “*Using Behavioral Treatment to Curb Conduct Problems in Children with Callous-Unemotional Traits*” in *Science Trends*, February 2019.

<https://sciencetrends.com/using-behavioral-treatment-to-curb-conduct-problems-in-children-with-callous-unemotional-traits/>

EDITORIAL SERVICE

Journal Reviewer: *Assessment, Behavior Therapy, European Child and Adolescent Psychiatry, Journal of Attention Disorders, Journal for Pediatric Neuropsychology, Research on Child and Adolescent Psychopathology*

PROFESSIONAL SERVICE

University of California, San Francisco

San Francisco, CA

Guest Lecturer, Early Childhood Seminar

April 2024

- Guest lectured at the Multicultural Psychology Training Program at UCSF and spoke to pre- and postdoctoral clinical psychology fellows about etiology, assessment, and treatment of ADHD and oppositional defiant disorder, and methods to differentially diagnose mental health disorders across early childhood

Southern Methodist University

Dallas, TX

Guest Lecturer, Child Psychopathology

April 2024

- Guest lectured and presented on etiology, diagnostic assessment, and treatment of externalizing disorders to undergraduate psychology majors.

Xavier University

Cincinnati, OH (remote)

Guest Lecturer, Psychological Disorders

April 2023

- Guest lectured and presented on etiology, diagnostic assessment, and treatment of externalizing disorders to undergraduate psychology majors.

Clinical Psychology Interview Weekend

Lexington, KY

Interview Weekend Coordinator

January 2019; January 2020

- Coordinated with clinical faculty and graduate students.
- Organized applicant weekend events.

Jesse G. Harris Psychological Services Center

Lexington, KY

Guest Lecturer

February 2019

- Presented on the diagnostic presentation, assessment, and treatment of disruptive behavior disorders to undergraduate psychology majors.

PROFESSIONAL MEMBERSHIPS

American Academy for Child and Adolescent Psychiatry

American Psychological Association

Asian American Psychological Association: Division on South Asian Americans

Association for Behavioral and Cognitive Therapies

Association for Psychological Sciences

Kentucky Psychological Association

Society for the Scientific Study of Psychopathy