

Sara Matsuzaka, PhD, LCSW
Department of Social Work and Child Advocacy
Montclair State University
matsuzakas@montclair.edu

EDUCATION

- 2020 **Fordham University, PhD in Social Work**
Dissertation Committee: Cathy Berkman, PhD; Daniel Coleman, PhD; Ilan Meyer, PhD
- 2014 **Florida Atlantic University, Master of Social Work**
Track: Social Work Practice
- 2002 **Tufts University, Bachelor of Arts**
Major: Sociology
Concentration: Media and Communications Studies

ACADEMIC APPOINTMENTS

- 2022- **Assistant Professor (Tenure Track)**
Department of Social Work and Child Advocacy, Montclair State University
- 2021-2022 **Postdoctoral Research Associate**
Department of Psychology, University of Virginia
Research on Intersectionality, Sexuality, and Empowerment (RISE) Lab
Supervisor: Lanice R. Avery, PhD

SPECIALIZED TRAINING AND LICENSURE

- 2017-2020 **Licensed Clinical Social Worker (New York)**
License Number: 086366

PUBLICATIONS

Peer-reviewed Articles

1. **Matsuzaka, S.**, Hudson, K., Sapiro, B., Doko, S., Jemal, A., & Ross, A. (In press). Social work literature and gendered racism: A scoping review. *Social Work Research*.
2. **Matsuzaka, S.**, Peters, A., Sapiro, B., Krutyansky, J. (2024). Homonegativity, binegativity, and transnegativity among substance use treatment practitioners in the United States. *Journal of Ethnicity in Substance Abuse*. <https://doi.org/10.1080/15332640.2024.2336501>
3. **Matsuzaka, S.**, Espinel, S., & Avery, L. (2023). Black sexual minority women's internalized stigma and coping motivated alcohol use: The role of emotional suppression. *Journal of Ethnicity in Substance Abuse*. <https://doi.org/10.1080/15332640.2023.2220656>
4. **Matsuzaka, S.**, Katz, C. C., Jemal, A., Shpiegel, S., & Feliz, N. (2023). Reproductive justice for young Black women aging out of foster care. *Journal of Public Child Welfare*. <https://doi.org/10.1080/15548732.2023.2209528>
5. **Matsuzaka, S.**, Avery, L., & Stanton, A. (2023). Black women's social media use integration and social media addiction. *Social Media + Society*, 9(1). <https://doi.org/10.1177/20563051221148977>

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6. Hudson, K., **Matsuzaka, S.**, & Mehrotra, G. (2022). Intersectional anti-racist advocacy practice in healthcare organizations. *Health Promotion Practice, 24*(3), <https://doi.org/10.1177/15248399221131833>
7. **Matsuzaka, S.**, Jamison, L., Avery, L., Schmidt, K., Stanton, A., & Debnam, K. (2022). Gendered racial microaggressions scale: Measurement invariance across sexual orientation. *Psychology of Women Quarterly, 46*(3). <http://doi.org/10.1177/03616843221118339>
8. **Matsuzaka, S.**, Avery, L., & Stanton, A. (2022). Online victimization, womanism, and body esteem among young Black women: A structural equation modeling approach. *Sex Roles, 86*, 582-594. <https://doi.org/10.1007/s11199-022-01296-z>
9. *Stanton, A., Avery, L., **Matsuzaka, S.**, & Espinel, S. (2022). Black women's experiences of gendered racial sexual objectification, body image, and depressive symptoms. *Body Image, 41*, 443-452. <https://doi.org/10.1016/j.bodyim.2022.04.014>
10. **Matsuzaka, S.**, Romanelli, M., & Hudson, K. (2021). "Render a service worthy of me": A qualitative study of factors influencing access to LGBTQ-specific health services. *SSM – Qualitative Research in Health, 1*. <https://doi.org/10.1016/j.ssmqr.2021.100019>
11. **Matsuzaka, S.**, Hudson, K., & Ross, A. (2021). Operationalizing intersectionality in social work research: Approaches and limitations. *Social Work Research, 45*(3), 155-168. <https://doi.org/10.1093/swr/svab010>
12. **Matsuzaka, S.**, & Knapp, M. (2020). Anti-racism and substance use treatment: Addiction does not discriminate, but do we?. *Journal of Ethnicity in Substance Abuse, 19*(4), 567-593. <https://doi.org/10.1080/15332640.2018.1548323>
13. **Matsuzaka, S.**, & Koch, D. E. (2018). Trans feminine sexual violence experiences: The intersection of transphobia and misogyny. *Affilia, 34*(1). <https://doi.org/10.1177/0886109918790929>
14. Alleyne-Green, B., Kulick, A., **Matsuzaka, S.**, & Betancourt, T. (2018). War violence exposure, reintegration experiences and intimate partner violence among a sample of war-affected females in Sierra Leone. *Global Social Welfare, 6*(2), 97-106. <https://doi.org/10.1007/s40609-018-0125-9>
15. **Matsuzaka, S.** (2018). Alcoholics Anonymous is a fellowship of people: A qualitative study. *Alcoholism Treatment Quarterly, 36*(2), 152-178. <https://doi.org/10.1080/07347324.2017.1420435>
16. **Matsuzaka, S.** (2017). Transgressing gender norms in addiction treatment: Transgender rights to access within gender-segregated facilities. *Journal of Ethnicity in Substance Abuse, 17*(4), 420-433. <https://doi.org/10.1080/15332640.2016.1264338>

Manuscripts Under Review

1. Onuoha, A., **Matsuzaka, S.**, Stanton, A., Volpe, V., & Avery, L. R. Young Black American women's social media use and online victimization.
2. Onuoha, A., **Matsuzaka, S.**, Stanton, A., Volpe, V., & Avery, L. R. Shrunken and recolored: Black women's double consciousness body image, online victimization, and photo editing.

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Book Chapters

1. **Matsuzaka, S.**, Hudson, K., & Mehrotra, G. (In development). An intersectional reading of conceptual approaches and frameworks for social work practice. In C. Bernard, Firmin, C., & F. Keating. (Eds.), *Handbook on intersectionality and social work*. Edward Elgar Publishing.
2. White-Ryan, L., & **Matsuzaka, S.** (2022). Substance use disorder and illicit opioid use. In E. Congress, D. Meister, S. C. Osborn, & H. Takooshian (Eds.), *Behavioral Science in the Global Arena: Global Health Trends and Issues* (pp. 17-30). Information Age Publishing.
3. Ross, A. M., Congress, E., & **Matsuzaka, S.** (2018). Intersectionality: The impact of multiple perspectives on health, longevity, and health care. In J. C. Heyman & E. Congress (Eds.), *Health and social work: Practice, policy and research* (pp. 51-66). Springer Publishing.

PRESENTATIONS

Peer-reviewed Presentations, Workshops, Symposiums, and Posters

1. **Matsuzaka, S.**, Hudson, K., & Sapiro, B. Characteristics and gaps of social work literature on gendered racism. Submitted abstract for paper presentation. 2025 SSWR Conference. Seattle, WA.
2. **Matsuzaka, S.** (2024). The invisibility of Indigenous women in gendered racism-based social work literature. Accepted proposal. 2024 CSWE Annual Program Meeting (APM). Kansas City, MO.
3. **Matsuzaka, S.** (2023). Coping-motivated risks for problematic alcohol use among Black sexual diverse women. Paper presentation. 2023 CSWE APM. Atlanta, GA.
4. **Matsuzaka, S.** (2023). Understanding Black women's online victimization and resilience using a person-in-digital environment framework. Paper presentation. 2023 CSWE APM. Atlanta, GA.
5. **Matsuzaka, S.**, & Shpiegel, S. (2023). Reproductive justice for pregnant and parenting young women aging out of foster care. Workshop. NASW-NJ Conference. Atlantic City, NJ.
6. **Matsuzaka, S.**, Romanelli, M., & Hudson. (2021). Dimensions of health care access: Community members' perspectives on LGBTQ-specific services. Paper presentation. American Public Health Association (APHA) Annual Meeting. Online.
7. Moore, S. K, Burlew, K., **Matsuzaka, S.**, Campbell, A., Montgomery, L., & Sanjuan, P. (2021). How can digital technologies reduce health disparities across members of racial and ethnic minority groups? Symposium discussant. College on Problems of Drug Dependence Annual Meeting. Online.
8. **Matsuzaka, S.**, Hudson, K. D., & Ross, A. M. (2021). The use of intersectionality in social work research. Paper presentation. 2021 SSWR Conference. Online.
9. **Matsuzaka, S.** (2018). Trans feminine sexual victimization experiences: The intersection of transphobia and misogyny. Paper presentation. CSWE APM. Orlando, FL.

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10. **Matsuzaka, S.** (2017). Transgender adults' experiences in Alcoholics Anonymous. Paper presentation. Greater New York Conference on Behavioral Research. New York, NY.

Invited Presentations

1. **Matsuzaka, S.** (2024). Homonegativity, binegativity, and transnegativity among substance use treatment practitioners. Poster. NAATP National Conference. Denver, CO.
2. **Matsuzaka, S., & Knapp, M.** (2021). *Antiracism and substance use disorder treatment*. Webinar. National Association of Addiction Treatment Providers Webinar Series. Online.
3. **Matsuzaka, S.** (2021). *Anti-oppressive clinical work with LGBTQ+ people of color*. Workshop. Columbia University School of Social Work Continuing Education Series. Online.
4. **Matsuzaka, S.** (2020). *Building an anti-racist approach to addictions research and practice*. Paper presentation. Dartmouth College Center for Technology and Behavioral Health. Online.

RESEARCH EXPERIENCE

- 2024- **Principal Investigator**
Perceptions of and experiences with diversity, equity, inclusion, and belonging among employees at substance use treatment organizations; collaborator funds
- 2024- **Principal Investigator**
Microaggressive experiences of LGBTQ parents of color; start-up funds
- 2024- **Researcher**
Perceptions of the child welfare system and child welfare involvement among parents and pregnant people; collaborator funds
- 2023 **Principal Investigator**
Assessing LGBTQ bias among substance use treatment providers; Montclair State University Separately Budgeted Research Grant (\$4,950)
- 2022 **Co-Principal Investigator**
Black emerging adult women's digital media use and mental health; collaborator funds
- 2021 **Co-Principal Investigator**
Black queer women's identities, body image, and mental health; collaborator funds
- 2018 **Principal Investigator (doctoral-level and faculty mentored)**
Trans feminine sexual victimization experiences; self-funded
- 2017 **Principal Investigator (doctoral-level and faculty mentored)**
Transgender and gender non-binary experiences in Alcoholics Anonymous; self-funded

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TEACHING EXPERIENCE

^a = in-person. ^b = synchronous online. ^c = asynchronous online.

- 2022- **Assistant Professor**, MSU, Department of Social Work & Child Advocacy
Generalist Social Work Practice I ^a
Clinical Practice with Children, Youth, and Families II ^a
Seminar in Social Work and Social Justice ^a
Program Evaluation Research ^a
Research and Evaluation ^a
Seminar in Clinical Practice with LGBTQ Individuals and Families ^a
Engaging Clients Affected by Substance Use and Misuse ^c
Substance Use and Families in Crisis ^c
- 2017-2022 **Adjunct Instructor**, Fordham University Graduate School of Social Service
Practice with Substance Use Disorders ^{a,b}
Core Concepts of Child and Adolescent Trauma ^b
Social Work Practice with LGBTQ Individuals ^a
Comparative Models of Interventions with Individuals ^b

CLINICAL PRACTICE EXPERIENCE

- 2018-2020 **Owner, Private Practice, New York, NY**
Treated adults in recovery seeking to better manage their mental health, such as related to bipolar disorder, depression, anxiety, and trauma symptoms
- 2014-2019 **Primary Therapist, Realization Center, New York, NY**
Managed a caseload of adults with co-occurring substance use and mental health disorders in an outpatient setting
- 2013-2014 **MSW Intern, Florida House, Deerfield Beach, FL**
Conducted biopsychosocial assessments and co-facilitated wellness groups with adults with substance use disorder in an inpatient residential setting
- 2012-2013 **MSW Intern, Behavioral Health of the Palm Beaches, Lake Worth, FL**
Conducted biopsychosocial assessments with adults with substance use disorder in an inpatient residential setting

SERVICE

Dissertation Committees

- 2023- Reader for Ghowash Irshad, Clinical Psychology, Montclair State University
2021- Reader for Alyn Gamble, Library & Information Science, Simmons University

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Departmental and College Service

2024- CSWE Student Competencies Assessments, MSW Program, MSU
2023- Social Events Committee, Dept of Social Work and Child Advocacy, MSU
2023, 2024 Faculty Search Committees, Dept of Social Work and Child Advocacy, MSU
2023-2024 CSWE Reappointment Self-Study Committee, MSW Program, MSU
2022-2023 Student Advisory Board, MSW Program, MSU
2022-2023 DEIB Committee, Dept of Social Work and Child Advocacy, MSU

Professional Affiliations

2024 Member, Montclair State University Harm Reduction Advisory Board
2021- Member, Council on Social Work Education
2020- Member, Society for Social Work and Research
2020- Member, National Association of Social Work
2020- Member, National Association of Addiction Treatment Providers DEIB Board

Peer Review Activities

2024- *Psychology of Women Quarterly*
2023- *Journal of Homosexuality*
2022- *Affilia: Feminist Inquiry in Social Work*
2022- *Journal of Ethnicity in Substance Abuse*
2020- *Journal of Gay & Lesbian Mental Health*

GRANTS AND AWARDS

2024 Thank A Professor Certificate, Office for Faculty Excellence, Montclair State University
2018 Separately Budgeted Research Grant (\$4,950), Montclair State University
2018 Feminist Manuscript Award, CSWE Annual Program Meeting
2017 Best Social Justice Research, New York Conference on Behavioral Research